



# Skimmers Meet Sharks - Fun Meet Racing League April 22, 2023

SNC Sanction Number: 39265

Meet Management	Email
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## FACILITY & TIMING:

Steinbach Aquatic Centre  
330 Park Rd E,  
Steinbach, MB

6 lane, 25 meter pool  
Depth at the start is 3.7 m  
Depth at the shallow end is 1.2 m

No food allowed on deck.

Manual Timing

### DATES AND TIMES:

Date	Sessions & Age Group	Warm - Up	Start
April 22, 2023	Session 1 - all	1:00	1:45

### ENTRY DEADLINE:

- Wednesday, April 12, 2023 11:59 pm, scratches can be submitted directly to Meet Management by Wednesday, April 19th, 2023.

### COACHES' INFORMATION:

#### Warm - Up

Lane space will be assigned for you and used at your discretion (starts, turns, finishes etc.).

There will be backstroke ledges for use in all lanes. Please use the warm-up to teach your swimmers how to properly use them so that we can keep the meet moving.



Warm up will be over at 1:40.

No warm down pool available. Please ask your swimmers to refrain from playing in the leisure pool.

#### Prizes

When entering an estimated time in the 50m and 100m events, please enter with a .00 time for the purpose of prizes for personal best times in order for us to be as accurate as possible.

“Speeding ticket” prizes for personal best times in official events (50m and 100m).

#### Racing League Format

This meet is designed for swimmers who are still in the early development stage. The age of the swimmer is not important but it is important that the swimmer does not have provincial times. This is not the meet for those looking to make qualifying times. Meet management reserves the right to refuse to enter swimmers who do not meet the criteria.

## Competition Format

Swimmers may enter 4 stroke events, 1 IM and the 25m kick relay for a maximum of 6 events.

- Mixed and senior seeded
- Short Course only racing
- All the 25 m and 75 m IM races will be judged with “Oops” instead of DQ
- 25m & 75m races will not be timed and are encouraged to be timed by the coaches for reference times.
- 25 m kick event will not be timed. This event is from a push start with a kick board.
- 75 m IM will begin with backstroke eliminating the butterfly.

### 4x25m Kick Relay (no charge)

The 4x 25m freestyle kick relay will be untimed.

\*hold the top of the board with two hands

\*must not push off the wall or floor at any point

\*finish with the board touching any part of the wall before the next swimmer starts

Meet management reserves the right to cancel the 25m kick relay if the session exceeds time capacity.

### ELIGIBILITY:

- All swimmers must be registered with Swim Canada or World Aquatics affiliated organizations
- Age is determined by age of swimmer as of April 22, 2023
- No qualifying times required for this meet

EVENTS
<ol style="list-style-type: none"><li>1. 50m butterfly</li><li>2. 25m freestyle kick with board</li><li>3. 50m breaststroke</li><li>4. 25m backstroke</li><li>5. 50m freestyle</li><li>6. 25m breaststroke</li><li>7. 50m backstroke</li><li>8. 25m butterfly</li><li>9. 75m Individual Medley (eliminating butterfly)</li><li>10. 100m Individual Medley</li><li>11. 4x 25m freestyle kick relay</li></ol>

### **ENTRIES:**

- “No Time” (NT) entries will be accepted for the 25’s and 75IM.
- All other entries must be submitted with a time. “No Time” (NT) entries will NOT be allowed.
- All entries must be uploaded to the Swim Canada web site using a Hytek Entry File or as directed by Swim Manitoba at the time of entry deadline. Each swimmer must have a valid swimmer ID number, a correct birth date and gender. Errors or omissions in the entry file will cause delays in accepting the file and posting the results.

**Meet Management reserves the right to limit entries in any event, change the Order of Events or session set-up if registration exceeds pool or time capacity.**

### **ENTRY FEES:**

- Individual events: \$9.00 per event (includes \$1 SNM PROGRAM DEVELOPMENT FEE paid to Swim Manitoba per event)
- No charge for the 4x 25m kick relay
- Swim Canada Participation Fee: \$6.00 per swimmer
- Payment must accompany entries.
- E-transfer is preferred. Contact Moni Loewen at [steinbachskimmers@gmail.com](mailto:steinbachskimmers@gmail.com). Please make cheques payable to: Steinbach Skimmers Competitive Swim Club.
- Entry fees are not subject to refunds after the entry deadline date and fees are due at Clerk of Course prior to the start of the Session 1.

### **LATE OR DECK ENTRIES:**

May be permitted if the following guidelines are met:

- Lane space is available.
- Entries submitted 30 minutes prior to the end of warm up.
- Late entry fee of \$20.00 per event paid prior to lane assignment.
- No new heats will be created for deck entered swimmers.
- Deck entry swims are for “time only” and will not be included in awards.
- New swimmers deck entered into the meet will need to pay the \$6.00 SNC with the event deck entry fee. Coaches must provide swimmers name, birthdate, gender and SNC ID # as they are registered on Swim Canada prior to lane assignment.

### **SPECTATORS:**

- Spectators will be allowed in the bleacher stands outside of the pool deck.
- No spectators are allowed on the pool deck.
- Meet Mobile will be utilized. A very limited number of heat sheets will be available for purchase.

### **SCRATCHES:**

- SNM Scratch Rule in effect for this meet (see appendix 3)
- Coaches are requested to submit scratches to the Clerk of Course no later than 30 minutes before the start of the session.
- Scratches will be allowed to be sent to Meet Management by Wednesday, April 19, 2023 , 5:00pm.

### **COMPETITION:**

- SNM policies and regulations are in effect.
- Swim Canada rules apply.
- All timed final events as per Racing League competition outline.
- Events will be senior seeded slowest to fastest.
- All events are Timed Finals.
- Any changes to the competition must be approved by SNM.

### **SAFETY:**

- SNC Warm-up Procedures are in effect (Appendix 1).
- Each athlete must be under the supervision of a head or deck coach.
- It is the responsibility of the head or deck coach to inform their swimmers of the safety rules and ensure they are followed.
- SNM Competition Code of Conduct are in effect (Appendix 2).

### **Appendix 1**

#### **SNC COMPETITION WARM-UP SAFETY PROCEDURES:**

Meet Management for all sanctioned Canadian swimming competitions must ensure the following safety procedures are applied. It is incumbent on coaches, swimmers, and officials to work together to comply with these procedures during all scheduled warm-up periods. Coaches are requested to encourage swimmers to cooperate with Safety Marshals.

#### **GENERAL WARM-UP:**

- Running on the pool deck and running entries into the pool are prohibited.
- Meet Management will designate the use of lanes during the scheduled warm-up time.
- Swimmers need to be under direct supervision of coaches during warm up.
- There will be backstroke ledges for use in all lanes. Please use the warm-up to teach your swimmers how to properly use them so that we can keep the meet moving.
- No equipment except boards if you choose

### **EQUIPMENT:**

- Kick Boards are permitted for use in the main warm-up pool during warm-up.

### **VIOLATIONS:**

It is recognized that there is a level of interpretation and common sense that must be applied when applying these guidelines. Diving headfirst quietly into an empty pool at the start of warm-up is not the same as diving headfirst into a crowded lane. Judgment and context is required.

- Swimmers witnessed by a Safety Marshal diving or entering the water in a dangerous fashion may be removed without warning from their first individual event following the warm-up period in which the violation occurred and the alternates in that event notified should that event be a final. They may also receive a verbal warning from the Safety Marshal. Swimmers receiving verbal warnings will have their names and clubs registered with the Meet Manager.
- In the case of a second offense during the same competition the swimmer may be removed from the remainder of the competition.

### **SAFETY MARSHALS:**

The Safety Marshal is a trained position designated by Meet Management.

Safety Marshals shall:

- Be visible by safety vest.
- Be situated at each end of the competition pool and when applicable, similarly situated in designated warm-up pools when pre-competition warm-ups are scheduled.
- Actively monitor all scheduled warm-up periods.
- Ensure participants comply with warm-up safety procedures and report violations to the Referee. Depending on the level of competition, Safety Marshals have a role to help work with coaches and swimmers to ensure a safe warm-up environment. This may include educating a younger swimmer on the rules or communicating a concern to a coach. Judgment, tact and confidence is required and therefore the Safety Marshal should ideally be a more experienced official.

### **PARA-SWIMMER NOTIFICATION:**

Coaches are requested to notify Safety Marshals of any Para-swimmers participating in warm-ups where necessary and at the coach's discretion. The following statement must appear in all Swimming Canada sanctioned meet information and posted notices:

“SWIMMING CANADA COMPETITION WARM-UP SAFETY PROCEDURES WILL BE IN EFFECT AT THIS MEET.”

## Appendix 2

### **COMPETITION CODE OF CONDUCT:**

All sanctioned Manitoba swim meets are under the jurisdiction of SNM and shall be governed by its current policies and rules, including SNM 2011 Harassment and Abuse Policy. The deck shall be reserved solely for SNM approved personnel, swimmers, coaches, officials and volunteers assigned specific tasks in the running of the meet. By Swimming Canada rule and policy, the referee and meet management have full authority over the competition, the deck and the spectator areas during swim meets. The spectator area is considered part of the field of play, and as such, it falls under SNM authority and all SNM bylaws, policies, and rules, apply. Referencing the SNM Harassment and Abuse policy, the referee and meet management will require an individual to leave, if the actions of the individual are perceived to be interfering with the peace and security required for any athlete to achieve his/her best performance.

## Appendix 3

### **SWIM MANITOBA (SNM) PROVINCIAL SCRATCH RULE:**

This scratch rule WILL be in effect at ALL Swim Manitoba sanctioned meets, in accordance with Swimming Canada rule CSW 3.6.

It is superseded by:

- Swimming Canada (SNC) rule SNC 3 (3.1 to 3.4) at SNC designated meets held in Manitoba.
- The scratch rule for Manitoba / Saskatchewan Championships, when they are held in Manitoba.

### **SCRATCHES:**

#### 1. Time Final Events

a. There is no scratch deadline for time final events. Coaches are encouraged to report scratches to the clerk of course as soon as possible.

b. Penalties: Scratches and all step-downs, no-shows, and unexcused incomplete swims (as determined by the referee) will result in loss of entry fee.

ii. Scratches, no-shows, and unexcused incomplete swims simply create empty lanes, as there shall be no re-seeding.

iii. Scratches and all step-downs, no-shows, and unexcused incomplete swims (as determined by the referee) will result in loss of entry fee