



BE THE BEST YOU!

**Racing League Fall Meet
Short Course Swim Meet
Hosted by
The St. James Seals Swim Club**

LOCATION: Pan Am Pool, Training Tank
25 Poseidon Bay
Winnipeg, Manitoba R3M 3E4

Dates and Times : Saturday, October 22, 2022

SNC Sanction number : **TBD**

Facility and Timing :

- Pan Am Pool training tank
- 8 lane 25 meter competition pool
- Electronic timing Quantum with manual watch backup
- 3 lane 25 meter warm down pool

Session Times: DATE	WARM-UP	START
Saturday, October 22, 2021 Session One (1)	2:00 PM	2:30 PM

Meet Management Team	Email address
Meet Manager: Melissa Grenkow	SealsMeetManagement@gmail.com
Meet Entries: Sandeep Sharma	sealsmeet@gmail.com
Officials Coordinator: Jeff Rerie	jirerie@gmail.com

Eligibility: All swimmers must be registered with Swim Canada or FINA affiliated organizations

Qualifying Times: There are no qualifying times for this meet; we recommend that you enter swimmers who do not possess 'AA' or 'A' times

EVENT LIST

SATURDAY, OCTOBER 22, 2022
SESSION ONE (1)
25 BUTTERFLY
25 FREESTYLE
25 BACKSTROKE
25 BREASTROKE
25 KICK
50 BACKSTROKE
50 BREASTROKE
50 BUTTERFLY
50 FREESTYLE
100 IM

WARM UP: Will be 30 minutes in length. With 10 minutes left in warm up lanes 1,2,7 & 8 will be opened for dive starts

ENTRY LIMITATIONS: Swimmers should be entered in 5 events (if able to perform it legally)

- All 4 strokes and 25 underwater kick
- Or 3 strokes, IM event, and 25 underwater kick

ENTRIES: **All entries must be submitted with a time.** "No Time" (NT) entries will be accepted providing that the swimmer has at least 1 event with a time. All entries must be uploaded to the Swim Canada web site using a Hytek Entry File. Each swimmer must have a valid swimmer ID number, and a correct birthdates and gender. Errors or omissions in the entry file will cause delays in accepting the file and posting the results. All Events are Timed Finals. All the events will be swam as Mixed and as "senior seeded" All the 25m races will be judged with "Oops" instead of DQ.

ENTRY DEADLINE: 11:59pm, Thursday, October 13, 2022

MEET ENTRIES CONTACT: Sandeep Sharma
Email: sealsmeet@gmail.com
Phone: 204-293-5415

ENTRY FEES: • Individual events: \$ 10.00 per event

- SNM participation fee: \$ 6.00 per swimmer
- Splash Fee: \$ 1.00 per event
- Online Meet Program Fee: \$ 2.00 per swimmer

- Entry Fees are not subject to refunds after the Entry Deadline Date
- Fees are to be paid by e-transfer to: sealsswimtreasurer@gmail.com

***Official Meet Program will be available to download and print from the St James Seals' official website, <https://www.teamunify.com/team/cansjssc/page/home>**

- Non-payment of fees by the start of session one warm up will result in the removal of a team or athlete
- Late payment of fees, if agreed to by meet management, must have a new due date and will include a \$100 penalty for the payee

LATE OR DECK ENTRIES:

- Will be accepted provided the following conditions are met and procedures are followed:
 1. Lane space must be available for the deck entry to be accepted
 2. Deck entries **WILL BE ACCEPTED WITHIN THE FIRST 30 MINUTES OF WARM UP**
 3. Deck entries will be accepted by the Clerk of Course on a workload permitting basis
 4. Deck entries must be accompanied by a fee of **\$30.00** per event, which must be paid prior to lane assignment
 5. If the swimmer is not already entered in the meet, the SNC participation fee of **\$6.00** must be paid in addition to the deck entry fee(s)
 6. The total number of events for the swimmer cannot exceed the maximum of three events per session
 7. No new heats will be created for deck entered swimmers
 8. Deck entries must include the swimmer's ID number if the swimmer is not already entered in the meet
 9. Deck entry swims are for exhibition only and will not score points or be included in awards

SCRATCHES: SNM Scratch Rule in effect (please click link here [Swim Manitoba](#) for more details)

- Coaches are encouraged to report scratches to the clerk of course a minimum of 30 minutes prior to start of session otherwise the results will show a DNS
- Penalties: Scratches and all step-downs, no-shows, and unexcused incomplete swims, as determined by the referee, will result in loss of entry fee

COMPETITION:

- Swim Canada rules and regulations and Swim Manitoba policies and regulations apply
- Age of a swimmer is determined by their age on the first day of the meet
- Meet Management reserves the right to add sessions, change event times or limit entries in order to maintain a timeline of no more than 4.5 hours per session or for other operational reasons. If this is necessary, notice will be provided to participating teams as soon as possible.
- Starts will be conducted from starting platforms (blocks) as per FINA FR 2.3 and SW 4.1
- All events are timed finals and events will be swam slowest to fastest regardless of gender
- All swimmers must report to Marshalling before reporting to the blocks

AWARDS: No awards will be handed out at this meet

HOSPITALITY: Hospitality will be provided for coaches, officials and volunteers each session

PROGRAMS: Programs will be available to download at [ST. JAMES SEALS](#) Website

SPECTATORS: Spectator access will be determined by the pool facility and staff in consultation with SNM (Swim Manitoba), MSOA (Manitoba Swim Officials Association), St James Seals & meet management

CANTEEN: Canteen refreshments will be available on the 2nd floor for all meet participants, spectators, volunteers and officials

MISCELLANEOUS: There are lockers at Pan Am Pool at a cost of 25 cents per use. Swimmers are encouraged to ensure that their belongings are secured to avoid loss.

SAFETY: SNC Warm Up Procedures are in effect (see link here [WARM UP](#) for further details . Each athlete must be under the supervision of a head or deck coach. It is the responsibility of the head or deck coach to inform their swimmers of the safety rules and ensure they are followed. "Only authorized officials, swimmers and coaches are allowed on deck"

COVID-19/ILLNESS: This will be a mask friendly event. Wearing of face masks will not be mandatory. However, masks are encouraged and appreciated especially during times of high community illness transmission. All members are expected to stay home if not feeling well or are sick. This applies to all meet attendees; athletes, coaches, club staff, volunteers, spectators, etc.

